

DKG Minutes for November 10, 2010

The meeting was called to order at 4:45 by Carol Anderson.

- Colleen Retherford took attendance. 20 were present.
- The minutes from October 14, 2010 were approved as written.
- Jackie started the Happy/Sad opening activity.
- Esther Loskowske collected money for the 50/50 and Marie Canzoneri was the lucky winner. Marie won \$34.00.
- Please remember to send your checks (\$25.00 for each dinner) to Cindy by November 22 for our Holiday Auction on Thursday, December 9 at Laurel Manor. Everyone should try to bring a guest and auction items to this event.
- Our new member initiation was postponed until our January meeting due to parent teacher conferences.
- Dr. Elizabeth Borg was our guest speaker and she explained how our lifestyle actions affect our brains and bodies. She also gave information about ADHD and food choices. She shared new research about the treatment of menopause. Dr. Borg handed out information about her work. Dr. Borg spoke until 6:45 and answered questions the group's questions. The meeting was adjourned at 7:15 pm.

Carol Palk, Recording Secretary