



The Delta Kappa Gamma Society International
DKG Michigan State Organization
Serving Women Educators from Western Wayne County
Gamma Alpha is a Proud Member of Detroit Metro Coordinating Council
Winter 2023-2024
Volume 44, Issue 11

GAMMA ALPHA BULLETIN

Presidents' Message



Jackie Smart & Judi Fisher, Co-Presidents

Gamma Alpha Sisters,

Many of our GA members are retired. There are many ways that we retire teachers can keep busy during the winter months. Here are a few ideas:

- We can volunteer at your local school or community center.
- We can take classes or workshops to learn new skills or hobbies.
- We can travel. Many retirees enjoy traveling during the winter months to escape the cold weather.
- We can spend more time with family and friends.
- We can start a blog. Share your knowledge and experiences with others by writing about your career, your travels, or your hobbies.
- Become a mentor to a young teacher.
- Volunteer at a museum, Greenmead, the Detroit Zoo, or your local library.
- Learn a new language. Keep the gray cells working.
- Volunteer at Capuchin soup kitchen or homeless

shelter.

- Get involved in local politics.
- Take care of yourself. Make sure to get enough sleep, eat healthy foods, and exercise regularly.

No matter what you choose to do, make sure to enjoy your retirement years!

Jackie & Judi

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In-person meetings start at 5:30 P.M.
Virtual meetings are from 6:00-7:00 P.M.

This is the link for all future Zoom meetings.

<https://us02web.zoom.us/j/5760748757>

Meeting ID: 576 074 8757 or

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 76 074 8757

Calendar 2023-2024

In-person meetings general start promptly at 5:30 P.M.
Virtual meetings are from 6:00-7:00 P.M.
Please put dates on your calendar.



December 13, 2023 Holiday Happy Hour

Time: 5:30-7:30 P.M.

Place: Home of Linda Clark

777 Spring Drive Northville

Meeting: Amy will make a Sign-up Genius for apps, desserts, and beverages. Judy Morante, Service Projects chair, spoke to the aide at Beverly House. Presently, they have four girls, all teenagers. Suggestions for gift bags: cosmetics, anything from Bath and Body, socks, slippers, craft box, age appropriate books, journals, gloves, scarfs, hats, and winter items are always welcome. Our members can choose if they prefer to donate cash or gift items. Judy says it is too early to get sizes, as the population changes. We will send out an email blast with sizes the first week in December. Judy said last year was perfect. Some members made cash donations and she was able to buy gift cards for all the bags and one large gift card for a dinner outing. In addition, all the items that people brought for the gift bags were loved by the girls.

January 18, 2024 Virtual EXECUTIVE BOARD Meeting

Time: 6:00-7:00 P.M.

No membership meeting, although members can Zoom in if desired. Amy will send meeting information.

February 15, 2024 Virtual MEMBERSHIP Meeting

Time: 6:00-7:00 P.M.

Place: Anywhere you want to be and have internet.

Valentine's Day was yesterday, but we would LOVE for you to attend this virtual session. Amy will lead the meeting. We will discuss things that touch our hearts. A few vintage valentines will be shared. Amy will send meeting information.

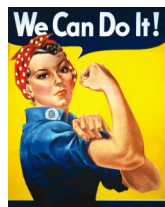


Thursday, March 21, 2024

Time: 5:30 - 7:30 P.M.

Place: Northville District Library

Meeting: March is Women's History Month - commemorating and encouraging the study, observance, and celebration of the vital role of women in American history. Judi Fisher has organized a speaker, Claire Dahl, from the Yankee Air Museum. Her presentation will be "Willow Run and the Story of Rosie the Riveter and the Honor Flight to Washington, D.C." The presentation highlights the history of the Willow Run B-24 Bomber plant, the inspiring story of Rosie, the Riveter, and the involvement of the Yankee Air Museum with the National Veterans History Project. You'll



laugh, you'll cry, you'll chant in this hour-plus program that highlights the cheer and teamwork of the "Arsenal of Democracy" that took place in our own backyard. Feel free to invite friends.

April 20, 2024 Metro Council Field Trip and Luncheon

Time: 10:00 A.M.

Place: 1st Congregational Church
33 East Forest Detroit 48201

Cost: TBD @ \$25-30 Watch for flyer.

Meeting: Underground Railroad Living Museum "Flight to Freedom" is a "storytelling" re-enactment, by members of the church about the original Underground Railroad passage that operated between 1840 and 1863. On the tour visitors will be shackled (with wrist bands) at the entrance of the tour and begin their journey by entering through the "Door of No Return," on Goree Island in Africa. As this journey begins, visitors transform into passengers on the Underground Railroad and are led to freedom by a conductor. Passengers hide from bounty hunters, cross the Ohio "Deep" River, and take retreat in a safe house in Indiana which is owned by Abolitionist Levi Coffin. Finally, passengers move to "Midnight," the code name for Detroit and take safe haven at the First Congregational Church of Detroit before moving on to Canada and "Freedom." Lunch will follow the tour.

April 26-28, 2024 State Convention



DoubleTree by Hilton in 'The Tall Ships' Bay City will host the 2024 State Convention. Details will be on the State Website (dkgmichigan.org) Judi Fisher will be the registrar and Cindy Dietz is the treasurer for the conference. Gamma Alpha members who attend should be prepared to volunteer at the registration desk.

May 16, 2024

Membership Meeting - 45th Annual Chapter Anniversary Dinner

Place: Genitti's Hole-in The Wall
108 E. Main Street Northville, MI

Time: 5:30 - 7:30 P.M.

Cost: \$27 (Flyer will be available-Prepay for dinner)

Meeting: We will be honoring our Chapter Woman of Distinction and the local Friend of Education. We will be presenting the Grant-in-Aid Recipient check and Anniversary pins for some members. We will be conducting some business, e.g., Induction of New Members, Installation of New Officers, collecting Service Project donations, and Cindy will collect dues. Dues are **\$85** cash or check payable to 'Gamma Alpha'.



June 15, 2024 Planning Meeting

Time: 11:00 A.M. **Place:** TBD

Meeting: We will meet for our annual planning meeting from 11:00 to 2:30 PM. Amy will create a 'Sign-up Genius' for the luncheon. Bring or email program ideas to this fun end of the calendar year activity.



What Are We Reading?

When the Nightingale Sings by Suzanne Kelman



If you enjoy historical fiction, this book is your cup of tea. *When the Nightingale Sings*, by Suzanne Kelman, is a powerful and moving novel set during World War II. It tells the story of two remarkable women, Judy Morgan and Hedy Lamarr, who overcame prejudice and adversity to make significant contributions to the war effort.

It is 1937. Judy Morgan meets Hedwig Kiesler at a museum in London. Hedwig is a Jewish woman who has fled her abusive husband and the Nazis. Hedwig reinvents herself while she is on a ship to America. She adopts the stage name Hedy Lamarr and quickly becomes a film star. Judy and Hedy appear to be complete opposites, yet their friendship is immediate. Judy completes her degree in physics at Cambridge and then goes to work at the Cavendish Lab. But she is frequently undermined and dismissed by her boss because she is a woman. Hedy seems to have more power and opportunity in Hollywood. However, she is passed over for serious roles and praised for her beauty rather than her intelligence. Neither woman is satisfied with the roles that women are allowed. I felt upset how both women are judged and constrained by the stereotyped gender roles of the historical period. They have extraordinary scientific minds and want to put them to use for the war effort. They have to fight for recognition in a male dominated world.

Hedy Lamarr is not just a glamorous Hollywood star, but also a gifted inventor. She teams up with composer George Antheil to develop a secret communication system that is later used to guide torpedoes. Judy develops a radar countermeasure technique.

The book is written with alternating chapters about each woman to show the developments in their lives, some of which are tragic. Many chapters end with letters and telegrams between the two which give a more personal insight as they are direct and emotional commentaries on the events we have just read about.

Kelman does a masterful job of weaving together the stories of these two remarkable women. Judy's character is loosely based on Welsh physicist Joan Curran who worked on the Enigma machine at Bletchy Park. The characters are complex and relatable. They face difficult challenges with courage and determination. The novel also provides a fascinating glimpse into the behind-the-scenes work of the scientific community and the Hollywood war effort.

Overall, I highly recommend *The Nightingale Sings* to anyone who is looking for a well-written and engaging historical fiction novel with strong female characters.

Auction Photos

Thank you for attending and spending money at our annual auction that was held on November 5th. We are so grateful for your support. Your generosity will help us to continue our Grant-in-Aid for educators, donating to Seedlings Braille Books for Children, and supporting the girls at Beverly House. We are also able to contribute to DKG's Schools for Africa, World Fellowship, and Members Supporting Members thanks to all of your support. We hope you had a wonderful time at the auction and that you were lucky and won some unique and exciting items. We also hope you enjoyed the delicious food and drinks, and the opportunity to socialize with other members and their friends. Cindy reports we made \$2,200 to support our projects and donations. THANK YOU!



Pam Sayre was one of the registration volunteers. Cindy was Mrs. Money Bags. Lisa Austin and Pam Husson were the bartenders. Jackie was auction chair and delivered the inspiration.



Auction Photos



Clockwise: Nancy Higgins and Dorothy Nagel (Zeta), Gloria Richards and Gloria Fisher (Nu), Amy Wright, Carol Anderson (Auction Co-Chair), and Diane Frangie

Jackie Smart's daughters and niece: Rachel Smart, Jessica Hurlston, and Hannah Smart

Blue cups

Jackie Smart's guests



Auction Photos



Barb Broadley, Marie Cazoneri and their guests

Yellow Cups

Sarah Elsesser and her family, Beth Banker

Blue Cups

Thank you Sarah for all of the donations you were able to solicit from businesses in the Northville area.



Auction Photos



Judi Fisher
and guests



Lynne Bemer, Carole
Lower, Judy Morante,
Linda Clark, Karen Marold,
Margie Sievert (our great
photographer) and their
guests



Joanna Eiwen, Helen Mate,
Karen Mosca, Donna
Colaianne and her sister



Jackie's family
Silent auction



Recipe for Holiday Punch

Holiday Punch screams holiday cheer. Perfect for Thanksgiving, Christmas, or New Years, this holiday punch is easy-to-throw-together in minutes. This is a sparkling beverage with the perfect balance of sweet and tart.

INGREDIENTS

- 4 cups cranberry classic juice (use chilled Ocean Spray or cranberry pomegranate juice)
- 2 cups sprite or lemon-lime soda, chilled
- 2 cups ginger, ale chilled
- 2 cups sparkling apple juice chilled
- 1 1/2 cups white rum or vodka (can omit)
- 1 1/2 cups frozen cranberries
- 1 orange or lemon, sliced
- 1 lime sliced
- 4 sprigs mint



1. Start with a good cranberry juice. Don't go for whole cranberry juice, pure cranberry juice, light or sugar free varieties. Cranberry juice is very sour as it is and you will need the added sweetness for a great punch.
2. Next, I use 7 Up which adds a touch of much needed sweetness.
3. You'll love the added ginger ale and sparkling apple juice. The idea here is to balance your drink!
4. Add in frozen cranberries which act like ice cubes, keeping your punch nice and chilled while providing added flavor benefits and won't get diluted or watered down!
5. Add mint leaves, lime slices, and orange slices. This will pack a great flavor punch.

MAKE PUNCH AHEAD OF TIME

Holiday punch is best served as soon as it has been mixed because the sparkling drinks will start to go flat. However, you can prepare the fruit slices and mint springs ahead of time. As soon as you are ready to assemble the liquids for your punch, it is easy to add the prepared fruit, mint and frozen cranberries.

Enjoy!

Winter Birthdays



December

- 3 Pam Husson
- 12 Barbara Broadley
- 30 Judi Fisher

January

- 1 Carol Anderson
- 6 Rosa Russenberger
- 7 Donna Colaianne
- 8 Margie Sievert
- 31 Marie Canzoneri

February

- 29 Marge Braun

Happy Birthday!

Gamma Alpha Executive Board & Committees



Co-Presidents: Judi Fisher & Jackie Smart

Co-Vice-President & Membership: Amy Wright & Jennifer LaRose

Co-Recording Secretary: Linda Dobrzeniecki & Margie Sievert

Treasurer: Cindy Dietz

Parliamentarian: Pam Sayre

Committees

Grant-in-Aid - Joanna Eiwen & Karen Mosca

Newsletter/Yearbook – Jackie Smart

Service Projects - Judy Morante, Lynne Elsesser, Carole Lower, Linda Clark, & Judi Fisher

Finance - Judi Fisher

Sunshine - Fran Saenz

50/50 - Cindy Dietz & Fran Saenz & Beth Banker

Gamma Alpha Annual Auction - Jackie Smart (Chair), Carol Anderson (Co-Chair), Margie Sievert, Carole Lower, Pam Husson, Diane Frangie, Sarah Elsesser, Judi Fisher, Cindy Dietz (& all Gamma Alpha Members)

Websites

DKG International
www.dkg.org

DKG Michigan State Organization
www.dkgmichigan.org

DKG Gamma Alpha
www.migammaalpha.org

October Meeting

Pam Craig grew up in Detroit, attended DPS, graduated from CMU (B.A.), and WSU (M.A.). She is a retired elementary teacher, an art lover, and a media specialist. She especially enjoys art, travel and movies. She graciously presented 'Frida Kahlo and Diego Rivera in Detroit' to Gamma Alpha members on October 19th at the Northville Library. We learned the history and context of the creation of the Diego Rivera Industry Murals at the Detroit Institute of Arts. During the 1930s, Edsel Ford invited these married artists to Detroit. Against the backdrop of the Great Depression and amid labor protests in the city, Rivera created his Detroit Industry murals which are the centerpiece for the Detroit Institute of Arts. Kahlo, meanwhile developed her own artistic identity almost unnoticed. It was a well-researched and fascinating story about an explosive couple. He carried a pistol. She carried a flask. He romanticized Detroit. She rejected it. But what they shared was a belief in communism, a thirst for tequila, and a passion for each other. They left their mark on Detroit. For more information about Frida and Diego, PBS presented a three part series about the couple. It's available on PBS Passport.

Submitted by Fran Saenz



Pam Craig, dressed as Frida Kahlo, is standing beside a photo of the mural at the DIA.

Library Information



Dear Fellow Bookworms,

My library added three library collectives: Metro Net, White Pines, and Woodlands. Also, the library clerk recommended adding the Hoopla app. She said it has additional access to e-books, audiobooks, and videos, movies and TV shows. More ways to enjoy reading.

Amy Wright

Access EVEN MORE Titles Through Libby!

The Wayne Public Library, as part of Download Destination, has partnered with several other institutions to share Libby collections. You will now have access to **over 200,000 ADDITIONAL titles**, including eBooks, audiobooks, videos, and magazines!

Partner Libraries

- Great Lakes Digital Libraries
- Lakeland Digital Library
- Metro Net Library Consortium
- Midwest Collaborative for Library Services
- Suburban Library Cooperative
- Up North Michigan Consortium
- White Pine Library Cooperative
- Woodlands Library Cooperative



How to Set Up a Partner Library

1. In Libby, open the menu by selecting the three lines on the bottom of the screen (☰)
2. Select **Add Library**
3. Search for one of the partner libraries listed above and select it
4. Select **Sign In With My Card**
5. Choose **Wayne Public Library** from the list of libraries
6. Enter your library card number
7. Enter your PIN
8. That's it! Repeat these steps for the other partner library.

How to Use Partner Libraries

1. Search or browse for a book as you normally would
2. If the item is available from Download Destination or one of the partner libraries you have set up, you will see the option to borrow it.
3. If no copies are available, you will see the option to place a hold. Libby will automatically suggest the library with the shortest wait time for you to place your hold.



Wayne Public Library * 3737 S. Wayne Rd. Wayne, MI * 734-721-7832 * wayne.lib.mi.us

In almost every classroom today you can find at least one student who has difficulty with self-regulation. Self-regulation refers to self-control and the ability to cope with difficult situations. The lack of self-regulation causes problems in the classroom. A child who has a tantrum, yells or even hits other children out of frustration probably won't be liked by their peers, and may face discipline at school. These students may not have the capacity to learn and fall behind, as well as have a negative impact on the other students in their classroom.

How do problems with self-regulation develop? They could start early, such as an infant being neglected. A child who does not feel safe and secure, or who is unsure whether their needs will be met, may have trouble self-soothing and self-regulating. Later, a child, teen, or adult may struggle with self-regulation, either because this ability was not developed during childhood, or because of a lack of strategies for managing difficult feelings such as frustration. Over time this could lead to even more serious issues such as mental health disorders and risky behaviors such as substance use. The ability of children to control their impulses is a key factor in long-term success.

How do we help children who are not able to self-regulate develop the ability to do so? The years between ages 6 and 12 are considered a key time for intervention and prevention, as this age group is considered to be the most responsive to self-control strategies. Most kids should have emotional regulation skills by the time they are 8 or 9. Research shows that spending just a few minutes a day working on these skills can make a difference.

Strategies for Classrooms

• Predictable Routines and Expectations

Teach and practice routines - which will help build the ability to follow multistep directions.

<https://www.thepathway2success.com/15-classroom-practices-to-build-self-regulation-skills>



- **In My Control/Not in My Control Circle**

<https://www.centervention.com/circle-of-control/>



- **Safe Place, Peaceful Place or Calm Corner**

See this website for more about tools and activities that lead children through the five steps of self-regulation: I Am, I Calm, I Feel, I Choose, I Solve.

<https://consciousdiscipline.com/free-resources/shubert/shuberts-classroom/safe-place/#:~:text=The%20Safe%20Place%20is%20a%20center%20where%20children,serves%20as%20a%20base%20for%20your%20Safe%20Place.>

- **Games** Jenga, Simon Says, Freeze Dance, Duck Duck Goose, Mother, May I?, Mirror Mirror, Relay Races, Red Light-Green Light, Musical Chairs

<https://messyyetlovely.com/self-regulation-games-kids/>

- **Read Alouds**

<https://jodidurgin.com/how-to-teach-self-regulation/>

Ravi's Roar by Tom Percival

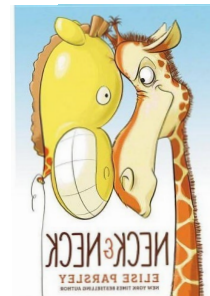
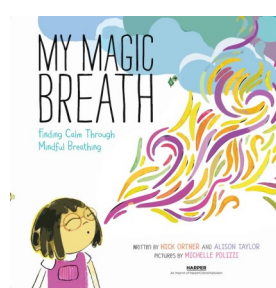
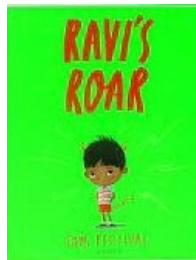
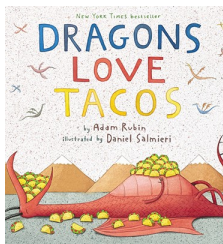
The Bad Mood and the Stick by Lemony Snicket

Neck and Neck by Elise Parsley

My Magic Breath by Nick Ortner and Alison Taylor

Dragons Love Tacos by Adam Rubin

The Year We Learned to Fly by Jacqueline Woodson



Volunteer to Serve as an Officer



“I’m not a leader. I’m not qualified to serve as an officer.” As teachers, we learned from colleagues who inspired us. We became classroom leaders. Leaders are created, not born. The success of our chapter depends on Key Women Educators stepping up to serve in leadership positions. We are all Key Women Educators!

We need you for one of the following available positions:

President

Vice President

Recording Secretary

Accepting a leadership position at the chapter level offers you many opportunities for personal and professional growth. You will be mentored by an officer who has held your position. If you might be interested in serving as an officer or co-chairing a position, contact Jackie or Judi. We need you.

jackie@mysmartfamily.com or judifisher@yahoo.com

“I want every little girl who someone says 'they're bossy' to be told instead, 'you have leadership skills.' ”

-Sheryl Sandberg