



The Delta Kappa Gamma Society International DKG

Serving Women Educators from Western Wayne County
Gamma Alpha is a Member of Detroit Metro Coordinating Council
May-June, 2020
Volume 40, Issue 6

GAMMA ALPHA BULLETIN

Presidents' Message



Gamma Alpha Friends,

Hi! How are you doing? No, really, in these strange times, how are you doing? Are you taking care of your family and yourself? And, as you read this, are you currently wearing your daytime pajamas or your nighttime pajamas?

Have you managed to find toilet paper at the store yet? Do you now know exactly how many squares of TP you need in the bathroom? Additionally, based on the brand and roll size, do you know, with reasonable certainty, how long a roll of toilet paper will last? Have you bartered for toilet paper? Have you been someone's Toilet Paper Fairy Godmother yet?

What adventures have you had? Have you knocked the dust off of your sewing machine and made a few masks? Have you given yourself or a family member a much-needed haircut with questionable results? Are you going to take a chance on touching up your roots yourself, or are you going to play it safe and order a cute hat from Amazon? Have you re-read a favorite book? Do you think Tiger King lived up to all the Netflix hype?

How are things looking around the house since the maid is also "Working From Home?" How many mountains of laundry have you done? Did you give that mountain range a name? Have you mastered the ratio of hand soap to hand lotion? What song do you sing while washing your hands? How is your cooking game these days? Is your pantry your new best friend? Did you discover that your baking powder expired the year before you retired? Have you improvised

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RECIPE

During my sheltering at home, I have been making some southern comfort food. Here is a recipe for homemade **chicken and dumplings**. Time consuming, but delish.

DUMPLINGS

- 2 cups all purpose flour, more for work surface
- 1/2 cup fresh chicken broth, from cooked chicken
- 1/2 cup sour cream
- 1 teaspoon salt
- 1/2 teaspoon pepper

CHICKEN

- 1 tablespoon olive oil
- 3 celery ribs sliced
- 3 carrots diced
- 1 white onion diced
- 3 cloves minced garlic
- 3 boneless skinless chicken breasts cut into strips
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 6 cups chicken broth
- 2 cups milk
- 1 tablespoon cornstarch
- 1/4 cup water



DIRECTIONS

DUMPLINGS

1. Heat a large Dutch oven pot over medium heat. Add olive oil and heat through. Add celery, carrots, and onion and sauté for 5 minutes. Stir in garlic and cook for 1 minute. Add chicken breasts and season with salt and pepper. Pour in chicken broth and bring to a boil. Lower heat to medium and cook chicken for about 20 minutes or until fork tender. Remove chicken.
2. Make dumpling dough. In a large bowl, mix together the flour, salt and pepper. Add the chicken broth and sour cream. Mix just enough to combine. Mixture will be wet.
3. Transfer dough to a heavily floured work surface. Sprinkle additional flour on top of the dough. Lightly knead dough, adding additional flour as needed, until dough is no longer sticky. Divide dough in half and roll one half at a time. Roll dough out to a thickness of about 1/8 inch in thickness. When dumplings cook, they will double in thickness.
4. Using a pizza cutter, cut dough into vertical strips, about 1 inch wide then cut dough into horizontal pieces about 2 inches long. Dip 2-3 pieces at a time in flour and transfer to a large plate.
5. Bring pot of broth back to a boil over medium heat.
6. Drop a few floured dumplings into the broth at one time. Reduce heat to medium-low and cover pot with a lid. Allow dumplings to cook for about fifteen minutes until they are tender and done. Check by forking one. Transfer dumplings to a bowl and repeat process with second half of dough.
7. In a small bowl, whisk together cornstarch and water. Pour into the pot. Stir and return to a simmer.
8. Once all stock has thickened, put the dumplings and chicken back in the pot. Simmer for 15 minutes. Serve hot.

2019-2020 MEETING CALENDAR

May 21, 2020 (Thursday) Birthday Dinner

I don't know if this will be canceled yet. We will have to see if the social distancing restrictions will be lifted.

Karl's Cabin

6005 Gotfredson Road

Plymouth, MI

Time: 5:30 PM - 8:00 PM

Cost: \$35

Program: Gamma Alpha Chapter's 41st Birthday Dinner will be held at Karl's Cabin.

At the meeting:

- We will install New Officers for 2020-2022 Biennium
- We will honor Chapter Woman of Distinction
- We will recognize Gamma Alpha's Friend of Education (if we have one)
- We will honor new Retirees and Lifetime Service Awardee
- We will meet our Grant-in-Aid Recipient
- Carole Lower will induct new members
- Judy Morante will collect the baby clothes for Pregnant Teens

June 13, 20, or 27, 2020 (Date TBD) Planning Meeting

Place: TBD

Time: 11:00 - 2:00

Bring: Sign-up Genius for Dish to Pass, Program ideas

July 7-11, 2020 International Convention

Philadelphia Marriott Downtown

1201 Market Street

Philadelphia, PA 19107

Information regarding the International Convention, excursions, and sessions can be found in the January/February DKG NEWS or on the DKG website.

Online registration recommended, but you can register by mail. Just go to www.dkg.org. Click on events, then download your paper registration form. Cut-off June 15, 2020.

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some substitutions for missing ingredients? Was the finished product edible?

Aren't you loving your gas mileage right now? Have you visited the store just to have a reason to test your car battery? Have you earned your virtual merit badge for using Uber Eats, DoorDash, or Grubhub to get dinner delivered or Instacart & Shipt for grocery delivery? Did you buy vodka in the name of making your own hand sanitizer? Are you "disposing" of the excess supply of vodka in a "responsible manner?" Have you attempted a virtual doctor's appointment? How did that go?

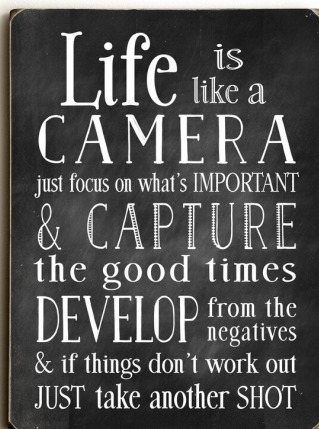
Were you able to enjoy the lovely Michigan weather by mowing your lawn and then shoveling your driveway on the very same day? Are you getting your steps in? Isn't your dog loving all the walks through the neighborhood? Isn't it amazing how the birds, squirrels, and spring flowers don't seem to notice all this craziness?

And finally, how are you handling all this quality time with yourself? Have you forgiven yourself for not cleaning every inch of the house and every single closet? Have you caught up on your beauty sleep? Have you treated yourself to a manicure and a pedicure? Have you taken a look in the mirror and reflected on the woman you have become? Did you smile at that woman in the mirror? Did you blow her a kiss? Did you give her a wink and say, "You've got this, Sweetie! No worries."

If you haven't yet, blow that lovely woman in the mirror a kiss. You've got this! I look forward to seeing all of you as soon as we are able to safely have our next meeting. We will keep you posted if there are any further cancellations.

Lots of love,

Amy Wright



CROSSWORD ANSWERS

GREEN
SEEDLINGS, BEYERLEIN, WRIGHTFLOWER, SAENZ, IVANOVA,
KETTUNEN, KAPPA, SCARR, BEVERLYHOUSE, AUSTIN,
Down:
MORANTE, BOWEN
PHILADELPHIA, GRANDRAPIDS, EIGHTYFIVE, DIETZ,
SMART, LAURELMANOR, WALTENMAIER, LESSNAUSCOTT,
Across:

Pandemic Reads

One activity that's been largely untouched by the pandemic? Reading. Here are a few new titles coming out in April I found listed in the *New York Times*.

'AFTERLIFE,' BY JULIA ALVAREZ (WORKMAN, APRIL 7)

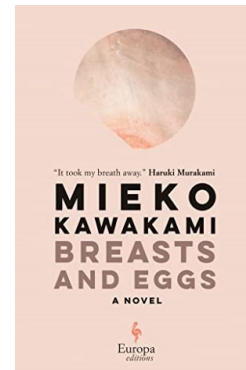
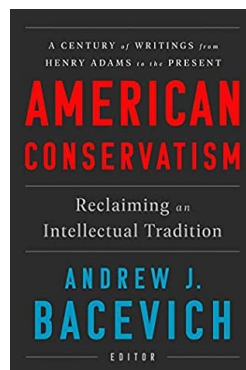
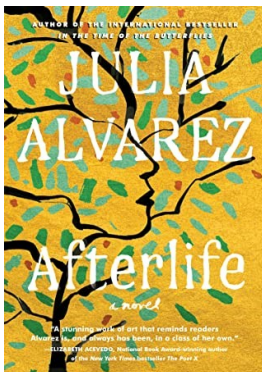
It's been 14 years since Alvarez, the author of "In the Time of the Butterflies," "How the García Girls Lost Their Accents" and other books, published a new novel. Now she returns with the story of Antonia Vega, a retired professor mourning her husband and puzzling over the sudden disappearance of a sister who is "always in crisis." Antonia's relationships, with her siblings and with an undocumented teenager she befriends, fuel the story.

'AMERICAN CONSERVATISM: RECLAIMING AN INTELLECTUAL TRADITION,'
EDITED BY ANDREW J. BACEVICH (LIBRARY OF AMERICA, APRIL 7)

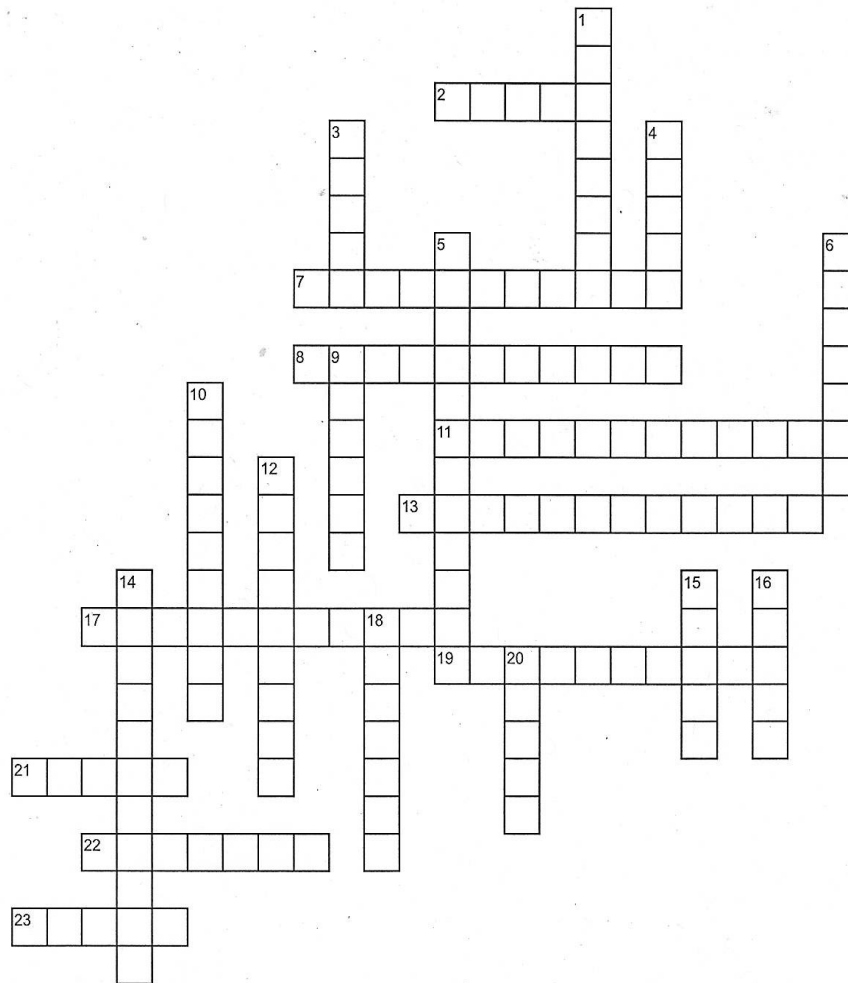
This collection, an overview of 20th-century conservative thought, offers a variety of perspectives on the importance of free markets, the resistance to government expansion and other subjects. Selections include essays by Ronald Reagan, William F. Buckley Jr., Joan Didion and Reinhold Niebuhr. "Taken collectively, these essays do not comprise anything approximating a seamless whole," Bacevich writes in the introduction. "Conservatism is more akin to an ethos or a disposition than to a fixed ideology. So the thinkers featured in these pages frequently disagree with one another - much as do progressives, not to mention Marxists, socialists, fascists, anarchists, libertarians and distributists. Intellectuals tend to be a quarrelsome lot."

'BREASTS AND EGGS,' BY MIEKO KAWAKAMI (EUROPA, APRIL 7)

Mieko Kawakami, whose work deals with what is expected of women in patriarchal society, is one of Japan's most acclaimed contemporary novelists. "Breasts and Eggs" won the prestigious Akutagawa Prize. It follows three women -Natsu, her sister and her niece -as they undergo a series of transformations. Natsu's sister is consumed with a wish for breast implants, which alienates her from her teenage daughter, who is struggling with puberty. Later in the book, Natsu is intent on having a child via a sperm donor, an isolating process that causes her to second-guess her own needs and sense of self.



DKG



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BOOK SHELF

“My Dear Hamilton: Novel of Eliza Schuyler Hamilton”

By Stephanie Dray and Laurie Kamoie

Sheltering at home means lots of reading. Here was one of my favorites.

“My Dear Hamilton” is the epic story of Eliza Schuyler Hamilton—a revolutionary woman who, like her new nation, struggled to define herself in the wake of war, betrayal, and tragedy. The authors used thousands of letters and original sources to tell Eliza’s story as it’s never been told before—not just as the wronged wife at the center of a political sex scandal—but also as a founding mother who shaped an American legacy in her own right.

Coming of age on the perilous frontier of revolutionary New York, Elizabeth Schuyler champions the fight for independence. And when she meets Alexander Hamilton, Washington’s penniless but passionate aide-de-camp, she’s captivated by the young officer’s charisma and brilliance. They fall in love, despite Hamilton’s bastard birth and the uncertainties of war.

The union the Hamilton couple create—in their marriage and the new nation—is far from perfect. From glittering inaugural balls to bloody street riots, the Hamiltons are at the center of it all—including the political treachery of America’s first sex scandal, which forces Eliza to struggle through heartbreak and betrayal to find forgiveness and peace.

When the duel between Burr and Alexander destroys Eliza’s hard-won peace, the grieving widow fights her husband’s enemies to preserve Alexander’s legacy. But long-buried secrets threaten everything Eliza believes about her marriage and her own legacy. Questioning her tireless devotion to the man and country that have broken her heart, she’s left with one last battle—to understand the flawed man she married and the imperfect union he could never have created without her.

GAMMA ALPHA EXECUTIVE BOARD COMMITTEES



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Newsletter & Yearbook Editor – Jackie Smart

Service Projects - Judy Morante, Lynne Elsesser, & Judi Fisher

Finance - Judi Fisher

Sunshine - Esther Loskowske

Vacation Auction - Mary Jo Dreffs, Carol Palk, Sherry Green

50/50 - Cindy Dietz & Esther Loskowske

Used Book Sale –Margie Sievert

Gamma Alpha Annual Auction - Jackie Smart, Pam Husson, Esther Loskowske, Cindy Dietz (& all Gamma Alpha Members)

If you would like to be part of a committee, please contact Colleen or Amy.

WEBSITES

DKG Gamma Alpha
www.migammaalpha.org

DKG Michigan
www.dkgmichigan.org

DKG International
www.dkg.org