

The Delta Kappa Gamma Society International
DKG
Serving Women Educators from Western Wayne County Gamma Alpha is a Member of Detroit Metro Coordinating Council October, 2019
Volume 40, Issue 2

## GAMMA ALPHA BULLETIN

## Presidents' Message

Gamma Alpha Friends,
I am so proud of our chapter. We are a very vital, active, and thriving chapter. Our success is owed to our devotion to our Society's first purpose: uniting women educators in genuine spiritual fellowship. We truly enjoy each other's company, and we are a group of helpers. Gamma Alpha members attend chapter, state, regional, and international events in enviable numbers! We play bridge, bowl, gamble, drink wine, craft, cruise and travel the world together. We truly care about each other and help each other. This support and fellowship is no small thing. We all value it, and it is more important now than ever.

In the words of Fred Rogers, "When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping." Teachers are helpers at heart. If you look around at DKG events you will always find Gamma Alpha members at their center, helping. If a member is having a tough time, she has a strong support network with Gamma Alpha.

Opening 11/22 is the film A Beautiful Day in the Neighborhood, a tribute to Fred Rogers of Mr. Rogers Neighborhood, starring Tom Hanks. I suspect teachers will be well represented in the audiences for this film. Perhaps we can discuss buying tickets to a showing?

If you know a community member (who is not a teacher) or an organization that supports education, please recommend them for our Friend of Education Award.

Help us win the MI-OH-MI Cherries vs. Buckeyes Challenge by inviting and nominating fellow women educators for membership. I look forward to seeing you at our October $16^{\text {th }}$ meeting featuring Michael Craig, speaking about school gardens with DPS.

## Fall Conference Notes:

Gamma Alpha was well represented at the state event. Cindy Dietz, Judi Fisher, Diane Frangie, Jennifer LaRose, Jackie Smart, and Amy Wright attended the Fall Workshop at the Delta Hotel in Muskegon on October 4-5, 2019. As usual, our members played an active role in making the Fall Workshop a success. As the State Membership Chair, Cindy ran the First Timer's Meeting and a breakout session on Membership. Jackie had a seat
of honor at the head table as Executive Secretary and President Emerita. Judi Fisher manned the microphone during the executive board meeting. During dinner, she remarked on how slow the time was passing. She even went so far as to say maybe she should volunteer to be the Registrar for the Port Huron convention. I told her to just enjoy herself and her new found free time!

We swapped meeting ideas and invitations with other chapters. Kathy Muench, from Traverse City's Phi Chapter, recommended two books The Book Woman of Troublesome Creek and My Dear Hamilton.

Gamma Alpha is a great chapter and the Society is filled with equally fabulous women. Come and meet them at Women in the Arts in November and at the State Convention in Port Huron. See you in a couple of weeks.

Warmly,
Amy

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## REMINDERS

RSVP:
jackie@mysmartfamily.com
FOR THE OCTOBER

October 4-5, 2019 (Friday And Saturday)
DKG Michigan State Organization Executive Board \& Fall Conference
Delta Hotels by Marriott Downtown Muskegon
939 Third Street
Muskegon, MI 49440
888-236-2427
Registration and hotel information in the Wolverine and is our newsletter
October 16, 2019 (Wednesday)
Place: Northville Library
212 W Cady St.
Northville, MI 48167
Time: 5:30 PM - 6:30 PM
6:30: Dinner in Northville
Program: Speaker Michael Craig, a special education educator, teaches at Drew Transition Center in Detroit. The farm at Drew Center produces 20 tons of fresh vegetables, from corn to salad greens. It simultaneously improves the quality of school lunches for Detroit Public Schools, saves the district money, and prepares students with intellectual and physical disabilities to work once they reach age 26 years old and are no longer eligible for special education services. Mr. Craig was a finalist for Michigan Teacher of the Year in 2015. Please join us for this engaging speaker.

November 3, 2019 (Sunday)
Annual Auction \& Luncheon
Place: Laurel Manor Banquet Center
Time: 1:00 PM - 5:00 PM (Members arrive at 12:00 PM for set-up)
Cost: \$31.00 Flyer in newsletter, donation cards, and

November 8-10, 2019 (Friday-Sunday)
Women in the Arts Retreat
Kettunen Center
14901 H Drive
Tusten, MI 48688
Many members attend this retreat for arts, crafts, and relaxation.

## December 18, 2019 (Wednesday)

Holiday Happy Hour
Place:
Carole Lower's home
45766 Fermanagh
Northville 48168
Time: 5:00 PM - 7:30 PM
Program: Holiday Happy Hour
Bring: Sign-up Genius List for Hot \& Cold Apps, Beverage, Salad or Dessert
Instead of a joke white elephant gift, you are asked to bring a gift for Beverley House. More information will be announced as time nears.

January 23, 2020 (Thursday)
Place: Claddagh Irish Pub
1780o Haggerty Road


Livonia 48152
Time: 5:30 PM-7 :00 PM Dinner and Fellowship
(One hour prior to meeting, Executive Board meets to complete reports)

March 25, 2020 NEW date
Place: Northville Library
Time: 5:45 PM - 7:30 PM Another group has the room until 5:30 so arrive at 5:45.
Speaker will be at 6:00 PM.

## Program:

Speaker Erin Bartells is a copywriter and freelance editor by day, a novelist by night, and a painter, seamstress, poet, and photographer in between. Her debut novel, We Hope for Better Things, released in January 2019 and received rave reviews. It was followed in September 2019 with The Words Between Us. Please join us as we enjoy meeting Ms. Bartells and learning about her journey as a writer.

7:00 PM - Dinner following meeting

April 24-26, 2020
DKG Michigan State Organization Executive Board and State Convention
DoubleTree by Hilton Port Huron \& Blue Water Convention Center
500 Thomas Edison Parkway
Port Huron, MI 48060

Information will be in future newsletters and the Wolverine
Saturday May 2, 2020 Metro Council Field Trip
Program: Wild Women of Detroit Bus Tour
Cost: $\$ 65$


Time: 10:00 am to 2:30 pm
Detroit may have been founded in 1701, by the French explorer and adventurer Antoine Laumet de La Mothe sieur de Cadillac, but it was his wife Marie who decided much of the town's original layout. From the very beginning Detroit has been a dame's town. Home to broads, women, cats, ladies, and Rosies, the Motor City's story is interlaced with the triumphs, adventures, dalliances and deeds of its female inhabitants. Join Metro Council for the Detroit History Tours on a 4 hour bus tour of some "Wild Women of Detroit" and their stories. You'll hear about Madam Cadillac to Motown greats, prostitutes to murderers, cults to saints, and so much more. Our tour guide will share stories about civil war spies and prohibition smuggling. You'll learn the verdict of the first all-female jury in Michigan and the story of a woman known as "Rocking Chair."

Together we will enjoy a deli tray from Dan and Vi's with chips and a cookie. It promises to be a wonderful day on The Detroit History Tours "Wild Women of Detroit" tour. Because a bit of swearing comes with the history, all public bus tours are a strict 21 years old and older. Alcoholic beverages are NOT allowed on the bus (DARN.) Bottled water is provided at no cost and guests may bring snacks or nonalcoholic beverages on board.
The tour leaves promptly at 10:00 am and returns at 2:30 pm from Millennium Park in Livonia. Millennium Park is located on Middlebelt and I-96. We will park near the service drive in front the Home Depot parking lot. Home Depot is directly behind Costco. There will be a sign. Boarding starts at 10:00 AM. The bus holds 52 passengers and we need 46 attendees to make the trip less costly. DKG members and their guests are welcome (although DKG members will have priority.) We will not honor our Chapter Women of Distinction or Lifetime Service Awardees at this time. We'll do this at the Birthday Dinner.

May 21, 2020 (Thursday) Birthday Dinner
Karl's Cabin
6005 Gotfredson Road
Plymouth, MI
Time: 5:30 PM - 8:00 PM
Cost: \$TBD
Program: Gamma Alpha Chapter's 41st Birthday Dinner (Chapter Woman of Distinction, Friend of Education, Honor Retirees, Honor Longevity Members, Grant-in-Aid Recipient, Induction of New Members, Service Project Donation, Installation of New Officers

June 13, 20, or 27, 2020 (Date TBD) Planning Meeting
Place: TBD
Time: 11:00-2:00
Bring: Sign-up Genius for Dish to Pass, Program ideas


July 7-11, 2020 International Convention in Philadelphia, PA (More details later)


## October Birthdays

14 Lynne Bemer
21 Alice Duke
23 Lisa Austin



## Make Movement Part of Your Classroom Culture

PE isn't the only class that should emphasize movement! Whatever the grade or subject area, every teacher can effectively incorporate movement into the school day. Most students take fewer than 5,000 steps during a non-PE day. That's including one recess. Health experts recommend at least 60 minutes of physical activity a day ( 10,000 steps.) Adding physical activity to classrooms will result in more focused, better-behaved students who can accomplish even more throughout the day.

Physical Activity Improves Academics and Social-being
It should go without say that physical movement is good for us. Emerging research suggests that more physical education, recess, and physical activity can improve academic achievement (CDC, 2015.) Physical activity in the classroom has bee shown to increase cognition, memory, and recall. Increases in daily physical activity are also positively associated with social-emotional aspects of learning such as mood, behavior, and stress level.

## Make Movement Part of the Classroom Culture

Most teachers already implement sensory or movement breaks, which are a great start. Examples of movement breaks can be found at:
$w w w . G o N o o d l e . c o m ~ a n d ~ w w w . b r a i n-b r e a k s . c o m ~$
Once physical activity is woven into the daily routine, it can become part of the classroom culture. Students and teachers will feel the positive effects of being active. Lead by example. Don't just sit at your desk. Let students see you enjoy moving in the classroom throughout the day.

## Simple Strategies for More Movement in the Classroom

Don't Just Sit Around: When students need to be seated, consider seating such as physio -balls, balance discs, or ergonomic stools.
Stand Up: When convenient, students can use standing desks or stations.
Walk and Talk: When students work in pairs, why not walk and talk? Teachers can encourage movement by walking around in the classroom and throughout the school building as space allows.
Keep Count: When students arrive at school, keep count of their steps using inexpensive pedometers or phones (for older students.) Tracking steps can be motivating.
Take it Outside: Go outside. The change of scenery, outdoor space, and fresh air are beneficial.

Physical activity should become an expectation during the school day. If teachers appreciate the connection between exercise and learning, the students will too.

## September 26, 2019 Minutes

- Meeting called to Order at 5:50 by Amy Wright. She welcome guests and reminded members to wear our name tags to meetings. Caitlin, the Grant-In-Aid recipient, couldn't attend, but will be at another meeting. Jessica is a teacher at Fordson High School in Dearborn and is considering membership.
- Previous minutes from June 15 were approved with a correction. It should be Karen Smith from Seedlings. Amy reminded us of upcoming events and said to check out newsletter for any changes. We will meet at the Northville Library on October $16^{\text {th }}$.
- Treasurer's Report- Cindy Dietz reminded us that we pay our dues at the birthday dinner. In July, delinquent letters are sent. New people pay dues when they join. They aren't officially a member until dues are paid. Dues are not prorated. Cindy is also the Membership Chair for the State. Ohio has issued a challenge to Michigan. Whoever gets the highest percentage of new members wins. The loser makes a $\$ 100$ donation to the Educational Foundation in the name of the winner. Chocolate Covered Cherries vs. Buckeyes is the edible prize. The challenge Is from Sept. $1^{\text {st }}$ to Sept. $1^{\text {st }}$. A jingle and a logo are being worked on.
- Correspondence- Debbie Irving has lost her battle with cancer. Amy needs info to fill out the form for the White Rose article. Marcia and Sherry will send her some information. Colleen sent a letter requesting a chapter transfer. She looks forward to seeing people at conferences.
- Membership - Carole Lower passed around attendance sheet. She is sending letters to perspective remembers. The form with info needed from perspective members is on website or you can just e-mail her the information. Joanna will give her info for Amber and Caitlin. Information on accessing the website is in the Chapter booklet.
- Newsletter/Yearbook/Auction- Jackie has sent out the newsletter online. It has dates for the whole year. She puts forms in the Newsletter to make sure people have info for upcoming conferences. Please get any changes for the yearbook to her. We try to keep it up-to-date. The Auction flyers and a request for volunteers were passed around.
- Metro Council- We will do field trip in May. It is a "Wild Women of Detroit" Tour. Guests are invited to attend.
- Grant-In-Aid- Joanna Reported that Caitlin has put together a reading corner in her middle school classroom. She has purchased a bookshelf and books including graphic novels. She plans to attend a future meeting.
- Service Projects- Judi \& Judy We have "adopted" one child at Seedlings Braille Books for Children. Seedlings is always looking for volunteers. The Seedlings Bowl-a-thon is the first Saturday in March. When someone has passed away, we donate to money Seedlings in her name. Money that would have gone to the purchase the President's corsage is also donated. Every ten dollars pays for a Braille book for a child. Judy will get a group of girls from Beverly house to go to Seedlings Bowl-a-thon. Instead of a white elephant gift for the Holiday party bring a gift for Beverly House for the Girl's Christmas bags. October $14^{\text {th }}$ from 4-7 PM, Seedlings is having an Open House. There is an opportunity to meet Avett Maness from American Idol. He is a 7 year old blind pianist. Another Service Project is "The Storybook Ladies." Esther, Cindy and Jackie Read to classes at Elliott. After reading, Gamma Alpha donates a book to the teachers' library. Lisa Austin volunteered to donate books.
- Old Business- We hope to have the MASH Nurse as speaker for April Meeting. Carol Anderson will contact nurse and let us know the date. At January meeting a slate of officers will be proposed. Please volunteer for a leadership role and help our Nominations Chair, Rosa.
- New Business- No new business.
- Birthdays- Cindy Dietz, Carol Lower, Helen Mater, Linda Clark, and Jackie Smart have birthdays this month.
- Announcements- Look in October's newsletter to see Gamma Gamma's (our Metro Council Sister) upcoming events.
- Next Meeting- Wed 10/16 at Northville Public Library, 5:30-6:30, Speaker Michael Craig- The Gardens at Drew," with dinner to follow in downtown Northville.
- Adjourned at 7:07 p.m.

Joanna Eiwen, Recording Secretary


CHICKEN TACO SALAD CUPS<br>I found this recipe in a magazine. It was easy, tasty and healthy (329 calories per serving.)



## INGREDIENTS

- 2 cups cooked chicken breast in small pieces
- 1 package Flour Tortillas (the uncooked kind)
- Italian Dressing to taste
- 4 cups shredded vegetable mixture (I used a precut slaw mix I found at Kroger. It contained a mixture of Brussel sprouts, broccoli, Napa cabbage, kohlrabi, carrots and kale.)
- 2 cups grape tomatoes - cut in half
- 1 cup shredded cheddar optional


## INSTRUCTIONS

- Preheat oven to 400 degrees
- Cut flour tortillas in half. Make a cone shape out of each half, pressing them into a sprayed muffin
- tin. Bake for 6-7 minutes or they begin to get golden brown.
- Mix shredded vegetable mix, pulled chicken and cut tomatoes in mixing bowl.
- Add Italian Dressing to taste, tossing mixture to make sure all the vegetables are coated in dressing.
- After Taco Cups have cooled slightly, fill with chicken and salad mixture.
- Top with shredded cheddar and serve.


## YOU MIGHT BE A TEACHER IF.. <br> YOU SOMETTMES GET THE URGE TO REDIRECT MISBEHAVING KIDS IN PUBLIC PLACES.



8

## Words That Resonate

Develop an action plan which includes ideas, words and phrases that resonate with each generation:

Traditionalists: In general, they value the legacy of a company (DKG) including stability and reputation, so use words like honor, respect, value, and responsibility.
Baby Boomers: In general, they are idealistic and ambitious, appreciate legacy-oriented language, such as "Leave a lasting impression..." and "Want to make a difference..."

GenXers: In general, they want hard data, along with benefits, rewards, and respect of their time, so use phrases like "It's your time..." or "You will benefit by..."

Millennials: in general, they are known as socially aware and appreciate inclusive language, so use words such as global, diversity, and community.

## Putting Words into Actions

When a DKG member logs in to her MyProfile account on the international website, she has the option to choose her communication preferences (second tab)-emails or texts or both. Encourage your members to update their preferences and to share their profile in the directory.



Get Connected!

## Multigenerational Approach

Multigenerational communication and marketing is a hot topic in growing and to grow organizations around the world. Considering a multigenerational approach can help us find ways to improve how we communicate and market within and outside of our organization to retain members and recruit new ones.

Traditionalists (born in the early 1940 s and before) prefer face-to-face and phone interactions, although over the past few years they have increased their use of email.

Baby Boomers (born in the mid 1940s to early 1960s) are known to prefer personal interactions and having strong relationship skills, so they like face-to-face and phone contact, but have been quick to adapt to email and texting.

GenXers (born in the mid 1960s to late 1970s) are the first generation to be entirely comfortable with technology, which explains their love of communicating through all things electronic, including email, texting, and social media.

Millennials (Generation $Y$ ) make up the largest generation so we need them to grow. Born in the early 1980 s to late 1990s, Millennials are the first generation to have completely grown up in the technological world and known to value instant access when it comes to communication.

While these descriptions are generalizations, they are starting points for knowing your members. You might survey your members to see what their preferences are for communicating with them. Send the same information via different media formats for
 communicating and marketing ideas.

## Marketing to Each Generation

Try these different marketing approaches for each generation:

- Traditionalists - personal phone calls, letters (mailings), print items (chapter brochures, professional newsletters)
- Baby Boomers - brochures, professional newsletters (print \& electronic), Facebook
- GenXers - brochures, electronic professional newsletters, Facebook, chapter and state websites that can be googled.
- Millennials - Social Media (Chapters with Facebook, twitter, and Linkedin reach younger educators), chapter and state websites that can be googled.


## Gamma Alpha Meeting Pictures



Co-President Amy chairs our first meeting of the year at the Northville Library.


Mary Jo and Sherry chair the "How I Spent My Summer Vacation" auction



VP and Membership Chair, Carole, explains the Membership Recruitment plan.


## Food and Friends



Gamma Alpha friends at the Sports Den



If Judi and Jackie seemed a bit slow at the meeting, they ate escargot for 14 days on their cruise!


The Storybook Ladies

## UPCOMING METRO COUNCIL CHAPTER EVENTS

Gamma Gamma Chapter (Plymouth-Canton Chapter) would like to let our members know about some upcoming meetings we may be interested in attending:

## Wednesday, October 9, 2019 at the Plymouth Public Library, 5 PM

State Representative Matt Koleszar will speak. He represents the 20th District, which includes the cities of Plymouth and Northville, Plymouth Township and a portion of Canton. He was a teacher and coach in Airport before joining the House of Representatives. He attended Saginaw Valley State and Eastern Michigan University.

Following his talk, we will go to Stella's Trackside (formerly Station 885) for dinner. We will order off the menu. Please feel free to join us! We ask that you contact Alice (email above) if there will be a large group attending.

## Wednesday, December 18, 2019 at Fox Hills Country Club in Plymouth

Holiday Gala with dinner, gift baskets drawing and choral entertainment. Funds will support a local charity. More information to follow.

## Saturday, May 16, 2020 at First United Methodist Church, Plymouth

Gamma Gamma's Fourth Annual High Tea! High tea, drawings, and fashion show. Funds will support Gamma Gamma's educational projects in our community. More information to follow.
Zeta Chapter's Annual Holiday Brunch at the Marriott in Livonia will be Saturday, December 7. Many of our members attend this annual gathering and have a great time. More details will follow.


## Service Project

Seedlings Braille Books for Children sponsors the Adopt-a-Reader program. Sponsored children will receive a $\$ 100$ gift certificate for Braille products. This includes Braille board books, blocks, puzzles, flashcards, and other items.

Meet Ezra! (Love the name.) Ezra is our darling eight month old adopted reader. He has five siblings and one of whom has vision loss, too. He loves anything with texture that he can feel. He loves toys that can make sounds. Ezra has been in the hospital a lot in his short life (23 days) but he is feeling better now. We hope our donation will brighten his day.

Seedlings Bowl-a-Thon is March 7, 2020. If interested in volunteering contact Seedlings at 734-427-8552.

## "Ghosts in the Schoolyard: Racism and School

 Closings on Chicago's South Side"by Eve L. Ewing

"Failing schools. Underprivileged schools. Just plain bad schools."

That's how Eve L. Ewing, winner of the 2019 DKG Educators' Book Award, opens Ghosts in the Schoolyard: describing Chicago Public Schools from the outside. The way politicians and pundits and parents of kids who attend other schools talk about them, with a mix of pity and contempt.

But Ewing knows Chicago Public Schools from the inside: as a student, then a teacher, and now a scholar who studies them. And that perspective has shown her that public schools are not buildings full of failuresthey're an integral part of their neighborhoods, at the heart of their communities, storehouses of history and memory that bring people together.

In 2013 Mayor Rahm Emanuel announced an unprecedented wave of school closings. It was a solution to a budget problem, a response to declining enrollments, and a chance to purge bad schools that were dragging down the whole system, the plan was met with a roar of protest from parents, students, and teachers. But if these schools were so bad, why did people care so much about keeping them open, to the point that some would even go on a hunger strike?

Ewing's answer begins with a story of systemic racism, inequality, bad faith, and distrust that stretches deep into Chicago history. Rooting her exploration in the historic African American neighborhood of Bronzeville, Ewing reveals that this issue is about much more than just schools. Black communities see the closing of their schools-schools that are certainly less than perfect but that are theirs-as one more in a long line of racist policies. The fight to keep them open is yet another front in the ongoing struggle of black people in America to build successful lives and achieve true self-determination.


I haven't read non-fiction in quite a while. It was an interesting read for me. There is a copy in the DKG library if you want to borrow it, although it is checked out until the state convention.

Co Presidents Liz Frazier \& Amy Wright
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Committees
Grant-in-Aid - Joanna Eiwen
Newsletter \& Yearbook Editor - Jackie Smart
Service Projects - Judy Morante, Lynne Elsesser, \& Judi Fisher

Finance - Judi Fisher
Sunshine - Esther Loskowske
Vacation Auction - Mary Jo Dreffs, Carol Palk, Sherry Green
50/50 - Cindy Dietz \& Esther Loskowske
Used Book Sale -Margie Sievert
Gamma Alpha Annual Auction - Jackie Smart, Pam Husson, Esther Loskowske, Cindy Dietz (\& all Gamma Alpha Members)

If you would like to be part of a committee, please contact Colleen or Amy.

## WEBSITES

DKG Gamma Alpha
www.migammaalpha.org
DKG Michigan
www.dkgmichigan.org
DKG International
www.dkg.org

Donated by

Consider bringing a donation for the number of guests you are bringing so we have plenty of raffle items.

## All raffle items need:

1. A card that tells who the donor is and lists the donation. Use the cards at the tops of this page or make your own.
2. A "State of Michigan Raffle Item Donation Form" that is turned in at the registration desk. (See the next page for the form.)
3. The raffle cups will also need a colored sticker (yellow or blue) that matches the cup's color. You will need to write the number of the cup on the sticker as well. Cups should be put out sequentially.
4. Be sure to fill out a bidding sheet for the Silent Auction and include the completed Donation Card.
(Silent Auction and Large and Small Raffle Cups)
There are volunteers to show you how to set up raffle cups/stickers/markers.
The Small Raffle item table is for items valued up to $\$ 25$.
The Large Raffle item table is donated items valued fro $\$ 25-\$ 50$.
The Silent Auction table is for items valued at $\$ 50$ and above. There will be bid sheets/pens.

> State of Michigan Raffle Item Donation Form

Name $\qquad$
Address $\qquad$
$\qquad$
November 3, 2019
Item or Service Donated
Cash Value
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$\qquad$
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Total

